



AutPlay® Therapy Certification Program

AutPlay® Therapy is a specialized play therapy and behavioral therapy treatment approach for autism spectrum disorder (ASD) and other neurodevelopmental disorders. AutPlay® was created by Dr. Robert Jason Grant to address the unique needs of children and adolescents with neurodevelopment disorders who enter into a therapeutic process with a licensed mental health practitioner.

AutPlay® is an integrative family play therapy approach with theoretical underpinnings in various play therapy theories and behavioral therapy, all of which incorporate evidence-based practices and empirical support for treating ASD. More specific content and protocol of AutPlay® Therapy can be reviewed on the AutPlay® Therapy website – www.autplaytherapy.com. A current list of providers who have completed certification training is maintained and displayed on the AutPlay® website as well.

Completion of AutPlay® Therapy Certification Training signifies that the practitioner has met the requirements to be a Certified AutPlay® Therapy Provider. Certification in AutPlay® Therapy requires the practitioner to complete the AutPlay® Therapy Certification Training (16 CE Hrs). Practitioners are also required to read the AutPlay® Therapy book and complete a post training exam. AutPlay® Certification Training includes symptomology, special considerations, and diagnosis of ASD, an overview of neurodevelopmental disorders, an intensive examination of the AutPlay® protocol including the phases of treatment, assessment strategies, target treatment areas, parent involvement and training, and limit setting procedures. The certification training further presents the AutPlay® Follow Me Approach which is designed for children with a more severe impairment. Participants engage in experiential activities, role play practice, case conceptualization, and treatment planning.

Benefits of AutPlay® Certification:

- Knowledgeable in a comprehensive approach to using play therapy and behavioral therapy to treat children and adolescents with ASD and other neurodevelopmental disorders.
- Advancing knowledge of ASD and other neurodevelopmental disorders.
- Understanding and implementing a specific mental health protocol for addressing the variance of ASD (from mild to severe impairment).
- Lifetime Certification with access to continuing education regarding autism and related conditions.

Questions can be addressed to Robert Jason Grant Ed.D at info@autplaytherapy.com